



BFSP PORTFOLIO

(To Belgium Status : Bronze, Silver, Gold Status)

First Name : Name.....

First File ☐ Yes ☐ No

Renewal ☐ Yes ☐ No

Dear,
Dear Colleague,

You want recognition as a member of BFSP, according to international IFSPT recommendations, adapted to Belgian legislation.
Let us thank you for your trust.

For a first recognition, it is essential to fulfill 3 General Measures and 2 Specific Measures of which you will find the details in this portfolio.

With regard to the 5 measures, it is also essential to document each learning activity as indicated in each table (organizer, title, program, number of ECTS followed ... attestation of attendance, attestation of success in exams for any Teaching Diploma and Certificate ...)

This portfolio, documented in this way, is subject to change according to the various legislations. However, in 2020, it corresponds to the recommendations related to IFSPT, Belgian education degrees and also, to the requirements as they are currently suggested to obtain a QPP in sports physiotherapy.

The constitution of your portfolio is substantial but it already shows your solid commitment in the vast field of physiotherapy that is that of sports physiotherapy.

This Portfolio should allow everyone to evolve at their own pace of training and maintenance of knowledge. Professionals recognized at the BRONZE level have the perspectives to reach the SILVER level, those recognized at the SILVER level, the perspectives to reach the GOLD level if that is their choice.

Finally, Professionals reaching the GOLD level, can request the IFSPT Portfolio to have the perspectives necessary to be recognized, also at international level with IFSPT status.

We are convinced that the commitment, the determination and the will to go always further together, will allow us to bring our "stone" to the edifice of quality in this future specialty that is the physiotherapy of sport.

BFSP will support each professional through this long but fascinating process.

Sportingly

To BFSP Board

Synthesis : Overall objectives to be achieved in order to be recognized as GOLD or SILVER in Belgium

| Belgium Status : OR - SILVER |
|--|
| <p>(General Measure 1) 240 or 300 ECTS - Master I Sciences (GOLD) 240 ECTS - Master Professional (SILVER)</p> <p>or equivalent Master I Professional + Gate from Master I Professional to Master I Science (GOLD)</p> |
| <p>(General Measure 2) Certify Long Life Learning in specific education at an academic level in the different areas of competence of the SPA project (continuing education post-training Sport-Rehabilitation initial specific, supervised internship, publication in the field of sports physiotherapy by reference to SPA project axes ...)</p> |
| <p>(General Measure 3) Attest to a practice of at least 75% of working time in at least one of the SPA project areas of competence. We draw your attention to the fact that you are committing your honor to justify your commitment to this vast area of physiotherapy.</p> |
| <p>(Specific Measure 1) <u>In case of 300 ECTS :</u> Diploma or Academic Certificate in Sport Specific Rehabilitation (45 ECTS minimum, including 6 ECTS of internship). These may be included in the 300 ECTS program. <u>In case of 240 ECTS :</u> Master II (45 ECTS), Academic Certificate (10 ECTS per Certificat to a total of 45 ECTS)</p> <p>or equivalent Sport Specific Doctorate and Sport Specific Rehabilitation (File to be submitted to BFSP on beforehand). Three international publications in the field of specific rehabilitation of the athlete can be considered as fulfilling this criterion (file to be validated by the BFSP board).</p> <p>or equivalent Sport Specific Doctoral School and Sport Specific Rehabilitation in progress - File to be submitted to BFSP</p> |
| <p>(Specific measure 2) Attest of participation in: - 2 national academic and specific sports physiotherapy congresses - 1 international academic congresses or recognised by BFSP, within the domain of sports physiotherapy.</p> <p>or equivalent The 2 national congresses can be replaced by 1 annual international congress.</p> |

How to complete your Portfolio and how to propose it to BFSP?

For each Measure (General and Specific), it is necessary to :

- Indicate the minimum elements required for each row of the table
- Append behind each page the documents justifying your indications (Diplomas, Certificate, attestation of presence, program,)

WARNING

For obvious reasons :

- It is imperative that each "Measure" is fully documented, if an element is missing (information in the table or supporting document), the "Measure" cannot be considered.
- To be considered, each training must be directly related to the practice of sports physiotherapy and must be specific to it. It must be provided in a Belgian higher education establishment (University, Haute Ecole) or recognized by ARES. Finally, only training with a successful exam can be considered.
- The indications are comparable for each congress or conference.

Is your file complete?

When the proposed tables are filled and the documents annexed after each page to which they refer, we would like the whole to be scanned, so that a single pdf reaches BFSP.

The address to send your file is contact.bfsp@gmail.com

Général Measure 1

Academic Degree : Master of Science I in Rehabilitation Sciences and Physiotherapy.

Gate Equivalence : from Master I Professional to Master I Science in Rehabilitation Sciences and Physiotherapy.

| | To be completed by the candidate | BFSP Evaluation |
|--|----------------------------------|-----------------|
| Master I characteristics | | |
| Level Master I (University, College, Haute Ecole) | | |
| Title, Identification, <i>precisely like in diploma.</i> | | |
| Year of Master I | | |
| You must join the program. Did you join it ? | | |
| ECTS number | | |
| Gate Equivalence (Passerelle Master Prof. vers Master Sciences) | | |
| Main university having accepted the Gateway | | |
| Number of ECTS for the Master I in physiotherapy requested | | |
| Number of gateway ECTS to follow during the year of Master I | | |
| Year of Master I Science | | |
| BFSP Remarks : | | |

All supporting documents must be annexed to the table in attendance.

General Measure 2

Long Life Learning: **All of the learning activities** must be “Rehabilitation-Sport-Specific” and / *or directly linked to one of the SPA project axes*. In both cases, the expertise of the BFSP Board is necessary and will be based on the criteria presented in the table below "Table Annex 2 Long Life Learning" and documents that must imperatively be attached (Program, Attestation of attendance). Internship monitoring, in sports physiotherapy, supervised by specialized professionals, recognized for their skills in the field and / or according to the criteria to be internship master, international publication with reviewer (....), a sport-rehabilitation expérience (....).

Note 1:

« No-EBSc, No-EBP, commercial, non Rehabilitation-Sport-Specific training » are not considered. Examples of training courses not considered in the context of BFSP recognition “dry-needling”, “ultrasound”, “spartanova”, “Shock-wave”, “kinesiotape” (...)

| | To be completed by candidate | BFSP Evaluation |
|---|------------------------------|-----------------|
| Long Life Learning I (LLL) | | |
| Form Level Master I à préciser (University, Haute Ecole, College ...) | | |
| Title, Identification | | |
| Year of Formation or realization | | |
| You must join the program. Did you join it? | | |
| You must join the attestation. Did you join it ? | | |
| ECTS number or Hours number | | |
| Others elements for this LLL I ? | | |
| Long Life Learning II | | |
| Form Level Master I à préciser (University, Haute Ecole, College...) | | |
| Title, Identification | | |
| Year of Formation or realization | | |
| You must join the program. Did you join it? | | |
| You must join the attestation. Did you join it ? | | |
| ECTS number or Hours number | | |
| Others elements for this LLL II ? | | |

| | To be completed by candidate | BFSP Evaluation |
|--|---------------------------------|--------------------|
| Long Life Learning III | | |
| Form Level Master I à préciser (University, Haute Ecole, College ...) | | |
| Title, Identification | | |
| Year of Formation or realization | | |
| You must join the program. Did you join it? | | |
| You must join the attestation. Did you join it ? | | |
| ECTS number or Hours number | | |
| Others elements for this LLL III ? | | |
| Long Life Learning IV | | |
| Form Level Master I à préciser (University, Haute Ecole, College...) | | |
| Title, Identification | | |
| Year of Formation or realization | | |
| You must join the program. Did you join it? | | |
| You must join the attestation. Did you join it ? | | |
| ECTS number or Hours number | | |
| Others elements for this LLL IV ? | | |
| BFSP remarks : | | |

General Measure 3

Sworn statement



I, the undersigned

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certify on honor that my practice of physiotherapy for sports physiotherapy according to the SPA Project Competence Axes represents at least 75% of my total working time. I understand that by this certificate, I declare that my practice can be maintained at the same level as the theoretical requirements of recognition requires.

Made in

The

Signature and stamp (Physiotherapeut or Sport-Physiotherapeut)

Do you benefit from a Special Professional Qualification (QPP) ?

☐ Yes

☐ No

If yes, it is necessary to :

- provide your certificate, please
- to motivate on an A4 page how you conceive the combination of all of your specializations in the service of an exercise in sports physiotherapy which must be practiced at 75% of your Tima. All documents attesting to this combination can be attached.

..... relating to obtaining the **QPP 1** in

All supporting documents must be annexed to the table in attendance.

How do you combine the exercise of sports physiotherapy and your specialization in relating to obtaining the **QPP 2** in

Specific Measure 1

Initial Sport-Rehabilitation Specific Formation.

| | To be completed by candidate | BFSP Evaluation |
|---|------------------------------|-----------------|
| Sport-Rehabilitation Specific Master II | | |
| University Master II | | |
| Title, Identification | | |
| Year of Master II | | |
| You must join the program. Did you join it? | | |
| You must join the attestation. Did you join it ? | | |
| ECTS number or Hours number | | |
| Others Equivalences | | |
| Doctoral school : File attached ? (Title, support committee, progress of research and <u>publications</u> ...). | | |
| Doctoral thesis : Dossier annexé ? (Title, support committee, progress of research and <u>publications</u> ...) | | |
| Academic Certificat I | | |
| Form Level Master I à préciser (University, Haute Ecole, College....) | | |
| Title, Identification | | |
| Year of certificate | | |
| You must join the program. Did you join it? | | |
| You must join the certificat. Did you join it ? | | |
| ECTS number or Hours number | | |
| Others elements for this formation ? | | |

| | To be completed by candidate | BFSP Evaluation |
|---|---------------------------------|-----------------|
| Academic Certificat II | | |
| Form Level Master I à préciser (University, Haute Ecole, College...) | | |
| Title, Identification | | |
| Year of certificate | | |
| You must join the program. Did you join it ? | | |
| You must join the certificat. Did you join it ? | | |
| ECTS number or Hours number | | |
| Or Equivalences ? Where, What, Year, ECTS Number... | | |
| Or Equivalences ? Where, What, Year, ECTS Number... | | |
| Or Equivalences ? Where, What, Year, ECTS Number... | | |
| BFSP Remarks : | | |

Specific Measure 2

It is understood by "Attestation": "a document which, without conferring an academic grade or awarding a point, attests to participation in a congress or conference, national and international. To be recognized each congress must be:

- Recognized in one of the axes of the SPA project.
- Recognized at an academic level
- Organized by a Scientific Society, Group of Professionals recognized in the domain of sports PT.
- Presenting a program of which at least 50% of subjects are "Special Sport Readaptation".

| | To be completed by candidate | BFSP Evaluation |
|---|------------------------------|-----------------|
| Where was this first congress? | | |
| Who is the organizer? | | |
| Title, Identification | | |
| Year of congress | | |
| You must join the program. Did you join it? | | |
| You must join the certificat. Did you join it ? | | |
| ECTS number or Hours number | | |
| Where was this second congress ? | | |
| Who is the organizer ? | | |
| Title, Identification | | |
| Year of congress | | |
| You must join the program. Did you join it? | | |
| You must join the certificat. Did you join it ? | | |
| ECTS number or Hours number | | |

All supporting documents must be annexed to the table in attendance.

| | | |
|---|--|--|
| Where was this third congress ? | | |
| Who is the organizer ? | | |
| Title, Identification | | |
| Year of congress | | |
| You must join the program. Did you join it? | | |
| You must join the certificat. Did you join it ? | | |
| ECTS number or Hours number | | |
| Where was this fourth congress ? | | |
| Who is the organizer ? | | |
| Title, Identification | | |
| Year of congress | | |
| You must join the program. Did you join it? | | |
| You must join the certificat. Did you join it ? | | |
| ECTS number or Hours number | | |
| Where was this fourth congress ? | | |
| Who is the organizer ? | | |
| Title, Identification | | |
| Year of congress | | |
| You must join the program. Did you join it? | | |
| You must join the certificat. Did you join it ? | | |
| ECTS number or Hours number | | |

All supporting documents must be annexed to the table in attendance.

Dear Colleague,

In the proposed framework, if you wish to inform the BFSP Board of other elements which bring added value to your training, you can do so below.

We would like to draw your attention to the fact that as important an experience as it may be in terms of years or of the type of sportsmen followed cannot supplant an initial training of new academics such as the 5 Measures indicated, this for a first recognition.



BFSP Notice

Analyse session, le

- ☐ Complete file ☐ Incomplete file

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- ☐ BRONZE Status ☐ SILVER Status ☐ GOLD Status

- ☐ Status for 5 years

- ☐ Provisional status for 2 years. In this case, to fully validate the status mentioned, you have 2 years to :

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To access the following status ☐ SILVER ☐ GOLD ☐ IFSPT, we suggest that you :

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